



# The Prayer Book Of The Helpers of God's Precious Infants

*This prayer book is not to be distributed for commercial purpose.*

To the men and women who stand in the streets and pray, despite the bitter cold of winter and the blistering heat of summer, who ignore the falling leaves of autumn and the rains of spring, in the belief that saving just one baby's life is worth any sacrifice – this prayer book is respectfully dedicated.

In Gratitude and with grateful appreciation

To Monsignor Joseph Parks, Executive Director of the Confraternity of the Precious Blood, for permission to quote from the Confraternity's edition of The New Testament and My Daily Psalm Book.

To the Contemplative Sisters Adorers of the Precious Blood for sharing with us the Precious Blood Way of the Cross and The Chaplet of the Precious Blood. We ask you to please pray for the Sisters and for vocations to their order.

To Reverend Richard Marchese for the Helper's Litany of the Holy Spirit.

To Marta Catalano for the Preparatory Prayer and the Helpers' Litany to Jesus in the Womb of Mary.

The Helpers of God's Precious Infants is an organization established in New York in October 1989, on the Feast of Our Lady of the Rosary. Under the direction of its Executive Director, Monsignor Philip J. Reilly, the goal of the Helpers is to establish at every site where the unborn are unjustly killed a presence of pure prayer so that a woman seeking an abortion can really hear a compassionate offer of help from a sidewalk counselor.

While the focus is on prayer, designated sidewalk counselors speak gently to women entering the clinic, offering literature which contains available true help. In this way the Helpers create an occasion for God's grace to work. And God, for His part, does take advantage of the opportunity.

We begin with Saturday morning, as this is the primary day for abortions. In the New York area the Helpers are now located at twenty sites. And, being at the site can really make a difference. In the last year alone, more than a thousand women have been turned around. The amazing grace is that eighty percent of these women came back out of the abortion clinics.

Beginning June 1990, Bishop Thomas Daily has led the Helpers, and those interested in this crusade, in a Prayer Vigil to different abortion mills. As a result, many abortion mills have closed since these vigils began. And, the idea has caught on. At the present time we know that at least seventeen Bishops, including Cardinals Mahoney (San Francisco) and O'Connor (New York) have led the Helpers in these larger Rosary Prayer Vigils.

These Prayer Vigils begin with Mass at 7:00 or 8:00 A.M. at a church near the site. At the end of the Mass there is Exposition of the Blessed Sacrament. Changing into street clothes, the Bishop leads the people out of the Church, and through the streets while praying the Rosary. There is no conversation. Those who remain in adoration at the Church during the Vigil - continue to pray.

At the site, the fifteen decades of the Rosary are said, and a hymn is sung between each decade. The group then returns in prayer to the Church for Benediction of the Blessed Sacrament and the Vigil is concluded.

A parade permit is always obtained from the police beforehand, and the police accompany the group from the Church to the Vigil site and then back to the Church.

During the vigil, the sick, shut-ins and those unable to attend the vigil recite the Helpers' spiritual support prayer. The Vigil is usually over by 10:00 A.M. or 11:00 A.M.

These monthly vigils enable us to draw new people to help establish a continued prayerful presence at the new site. This peaceful, prayerful public witness at the abortion site is a powerful instrument of conversion. The variety, numbers and incredible dedication of the people joining are inspiring.

Whenever the police are present, they are in a neutral position to maintain public order, and to protect our constitutional rights to pray and do sidewalk counseling without interference from the clinic. Since October 7, 1989, not a single charge has been brought against a Helper at any spot; the police know our method and respect it.

We pray to obtain God's mercy for the abortionist and his staff who do the killing. Our peaceful, prayerful presence hopefully will disturb the consciences of the workers at the abortion mill and say to them that, though we love them, we will never accept what they do.

We witness to those who pass by, praying that they will take notice of what is going on and be provoked to take action against the killing in their neighborhood.

We plead with our prayers for the lives of the babies in the wombs of the pregnant women who are scheduled for abortions that day. We reach out to these women with the love of Christ. Prayer is

essential because before a mother is able to physically abort her child, a “spiritual abortion” must take place within her heart. This “spiritual abortion” must be overcome by spiritual means. God is calling the mother to heroic virtue as in many cases her situation is so difficult.

While sidewalk counselors provide literature which gives all the financial and medical help available, we are there with loving prayers for the unborn children who are doomed to die. The only human love they may ever encounter in their short lives may be from those of us standing outside. We embrace them spiritually. We stand with them when they die.

We continue to need prayers that God will give us the wisdom and courage needed to carry out His holy work.

## First Hour

### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

#### Preparatory Prayer

Eternal Father, Author of All Life, I know that at this very moment a precious pre-born human life in the womb of his mother is in danger of a horrendous death. At this moment, Jesus, I am physically present at the scene to give a witness of your love for this tiny being you knit so wonderfully in his mother's womb. I wish to present my spiritual self here and, with heartfelt prayers and supplication, to send Heaven-bound all pleas and urgings that Your Spirit rouse hearts to change and stop the killing of these your precious infants.

Lord, I offer as a sacrifice all my labors, thoughts, prayers, inconveniences, sufferings and pains of this day to prevent a precious life from being denied the right to see the light of your day. I offer myself with all the Sacrifices of the Holy Masses, which are ascending right now to Your Holy Throne, and with all those who are speaking right now to Jesus in the Eucharist on behalf of the pre-born, in the hope that even one precious infant's life might be saved, that one mother might hold her child the day of his birth, that one father might carry his offspring even as Your Son Jesus Christ was carried by His earthly father.

Precious infant in the womb, hear my longings and remember that God your Father said that even should a mother forget her infant, He will never forget you. (Isaiah 49:15) I, too, united with your Heavenly Father, will not forget you and will unite my prayers and fastings this day with all your Spiritual mothers and fathers who either right now are in your physical presence or who are in their homes, workplaces or wherever duty calls. I join also with the unutterable urgings of the Holy Spirit that labors for your birth.

Remember, too, God's precious infant, that even as Rachel mourned her children who were no more (Jeremiah 31:15-17), we mourn and hope that the Mother of All Mothers, Mary our Mother, will turn these tears into a hope that no precious infant of God like yourself will have his life taken this day so violently.

Mary, Mother of God and Mother of us all, protect God's precious infants and intercede for them and for us, Spiritual Supporters, who pray and sacrifice daily for their lives, especially for those who at this very moment are in danger.

Finally, we pray that God forgives those mothers who this very day may make the tragic mistake and end the life within them, but more so, God, we pray that this mistake not be made.

I offer these prayers to You, my Holy Father, through the merits of Your Son, Jesus, who with You and the Holy Spirit lives and reigns forever and ever. Amen.



Intention: For the Unborn

Morning Prayer:

Most holy and adorable Trinity, one God in three Persons, I praise You and give You thanks for all the favors You have bestowed upon me. Your goodness has preserved me until now. I offer You my whole being and in particular all my thoughts, words and deeds, together with all the trials I may undergo this day. Give them your blessing. May Your Divine Love animate them and may they serve Your greater glory.

I make this morning offering in union with the Divine intentions of Jesus Christ Who offers Himself daily in the holy Sacrifice of the Mass, and in union with Mary, His Virgin Mother and our Mother, who was always the faithful handmaid of the Lord.

Glory be to the Father, and to the Son, and to the Holy Spirit. Amen.

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Reading:

Blessed be the God and Father of our Lord Jesus Christ, Who has blessed us with every spiritual blessing on high in Christ. Even as He chose us in Him before the foundation of the world, that we should be holy and without blemish in His Sight in love. He predestined us to be adopted through Jesus Christ as His sons, according to the purpose of His Will, unto the praise of the glory of His Grace, with which He has favored us in His Beloved Son.

In Him we have redemption through His Blood, the remission of sins, according to the riches of His Grace. This grace has abounded beyond measure in us in all wisdom and prudence, so that He may make known to us the mystery of His Will according to His good pleasure. And this His good pleasure He purposed in Him to be dispensed in the fullness of the times: to re-establish all things in Christ, both those in the heavens and those on the earth. (Ephesians 1:3-10)

## Our Lady of Guadalupe

O God, Who by the light of the Holy Spirit does instruct the hearts of Thy faithful, grant us by this same Spirit to relish what is right, and ever to rejoice in His consolation, through Christ Our Lord. Amen.

Remember, O most gracious Virgin Mary of Guadalupe, that in thy celestial apparitions on the mount of Tepeyac, thou did promise to show thy compassion and pity towards all who, loving and trusting thee, seek thy help and call upon thee in their necessities and afflictions. Thou did promise to hearken to our supplications, to dry our tears and to give us consolation and relief. Never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, either for the common welfare, or in personal anxieties, was left unaided.

Inspired with this confidence, we fly unto thee, O Mary, ever Virgin Mother of the True God! Though grieving under the weight of our sins, we come to prostrate ourselves in thy august presence, certain that thou wilt deign to fulfill thy merciful promises. We are full of hope that, standing beneath thy shadow and protection, nothing will trouble or afflict us, nor need we fear illness, or misfortune, or any other sorrow. Thou hast desired to remain with us through thy admirable image, thou who art our Mother, our health and our life. Placing ourselves beneath thy maternal gaze and having recourse to thee in all our necessities we need do nothing more. O Holy Mother of God, despise not our petitions, but in thy mercy hear and answer us. Amen.

(Mention your petition)

Five Hail Marys

Hail, O Virgin of Guadalupe, Empress of America! Keep forever under thy powerful patronage the purity and integrity of our holy faith on the entire American continent. (Pope Pius XII)

Our Lady of Guadalupe, Mystical Rose, make intercession for the Holy Church, protect the Sovereign Pontiff, help all those who invoke thee in their necessities, and since thou art the ever Virgin Mary, and Mother of the True God, obtain for us from thy most Holy Son the grace of keeping our faith, of sweet hope in the midst of the bitterness of life, of burning charity, and the precious gift of final perseverance. Amen.

One Our Father, Hail Mary, Glory Be to the Father

(To be sung or read aloud)

Hymn: You are the fountain of my life,  
Under your shadow and in your protection,  
I fear no evil, no pain, no worry.

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O, Maria, O most merciful Mother,  
Gentle Virgin, with the name Guadalupe,  
On a mountain, we find roses in winter,  
All the world has been touched by your love.

Here, in the crossing of your arms,  
Could there be anything else that I need?  
Nothing discourage, nothing depress me.

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### The Angelus

V. The Angel of the Lord declared unto Mary;  
R. And she conceived of the Holy Spirit.  
Hail Mary...

V. Behold the handmaid of the Lord;  
R. Be it done unto me according to Thy word.  
Hail Mary...

V. And the Word was made flesh;  
R. And dwelt among us.  
Hail Mary...

V. Pray for us, O Holy Mother of God;  
R. That we may be made worthy of the promises of Christ.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts,  
that we, to whom the Incarnation of Christ, Thy Son, was made  
known by the message of an angel, may by His Passion and Cross be  
brought to the glory of His Resurrection, through the same Christ  
Our Lord. Amen.

### Reading:

My child, if you come to serve the Lord,  
Prepare yourself to be tried.  
Set your heart right and be firm,  
And do not be hasty when things go against you;  
Hold fast to Him, and do not forsake Him,  
So that you may be honored when your life ends.  
Accept whatever happens to you,  
And be patient in humiliating misfortune.  
For gold is tested with fire,  
And men who are approved must be tested in the furnace of humiliation.  
Have faith in Him, and He will help you;  
Make your ways straight, and put your hope in Him. (Sirach 2:1-6)

## Helpers' Litany to Jesus in the Womb of Mary

Response: Have Mercy on us.

Jesus, knit so wonderfully in the womb of Mary,  
Jesus, conceived by the Holy Spirit in the womb of Mary,  
Jesus, uniquely human from the moment of conception in the womb of Mary,  
Jesus, present at creation, created in the womb of Mary,  
Jesus, through whom the world was made, formed in the womb of Mary,  
Jesus, word made flesh, taking on a human body in the womb of Mary,  
Jesus, revealed by the Father, concealed in the womb of Mary,  
Jesus, subject to human development in the womb of Mary,  
Jesus, whose Precious Blood first flowed through tiny arteries and veins in the womb of Mary,  
Jesus, hidden nine months in the womb of Mary,  
Jesus, only begotten of the Father, assuming flesh in the womb of Mary,  
Jesus, begotten by God, nourished by the substance and blood of His Most Holy Mother in the womb of Mary,  
Jesus, leaping from eternity into time, in the womb of Mary,  
Jesus, revealing with His Father and the Holy Spirit all wisdom and knowledge to His Most Holy Mother, in the womb of Mary,  
Jesus, aware of His role as Redeemer in the womb of Mary,  
Jesus, Sanctifier of His Precursor from the womb of Mary,  
Jesus, Eternal Word, Divine Child, embraced by the Father, in the womb of Mary,  
Jesus, raising His Mother to the heights of sanctification, in the womb of Mary,  
Jesus, everlasting delight of heaven, in the womb of Mary,  
Jesus, manifesting His Incarnation to His Holy Mother, in the womb of Mary,  
Jesus, adored and contemplated by His Mother in the sanctuary of her womb,  
Jesus, before whom the angels prostrated themselves, in the womb of Mary,  
Jesus, in whom the very angels beheld the humanity of the Infant God and the union of the two natures of the Word in the virginal womb of Mary,  
Jesus, our protector and savior, asleep in the inviolable womb of Mary,  
Jesus, whose Holy Limbs first budded in the womb of Mary,  
Jesus, whose Sacred Heart first began beating in the womb of Mary,  
Jesus, whose Godhead the world cannot contain, weighing only a few grams in the womb of Mary,

Jesus, Divine Immensity, once measuring only tenths of an inch in the womb of Mary,  
Jesus, whose Divine Grasp outreaches the universe, cradled in the womb of Mary,  
Jesus, Sacrificial Lamb, Docile Infant in the womb of Mary,  
Jesus, who was to suffer the agony and passion of death, accepting the human capacity for pain and grief, in the womb of Mary,  
Jesus, foretelling His Eucharistic Presence, in the womb of Mary,

Jesus, Lamb of God in the womb of Mary – Spare us, O Lord.  
Jesus, Holy Innocent in the womb of Mary – Graciously hear us, O Lord.  
Jesus, Son of God and Messiah in the womb of Mary – Have mercy on us, O Lord.

Let us pray:

Jesus, notwithstanding your Divine Nature as Son of God, equal and one with the Father, you deemed to become incarnated as the Son of Man, assuming the condition of a pre-born child in the womb of Your Holy Mother, the Blessed Virgin Mary. You, therefore, sanctified and elevated every maternal womb for all time and every human whose life is begun at conception.

Jesus, manifest yourself in the hearts of your people as the Eternal Son of God who began your earthly life in the womb of a woman called Mary. You could have chosen to commence your messianic mission in another manner; however, you showed your love for us by becoming a pre-born infant in the womb of Your Holy Mother. You took on the total human existence from conception to death, since you consented to be carried in the womb of the Blessed Virgin Mary and then, after birth, saved us by your suffering and death on the Cross. From conception to death we live and have our being in you. Jesus, we adore and thank you for choosing to become incarnate in the womb of Your Mother, Mary. We beseech you to bless all mothers and intercede with the Holy Spirit and Your Father that every infant in the womb receive your precious gift of life.

Jesus, conceived in the womb of Mary, grant that Mary's loving mantle overshadow these precious pre-born infants in the wombs of their mothers and assist in their birth. We ask this, Jesus, in your name, who with the Father and Holy Spirit, lives and reigns forever. Amen.

### Prayer to St. Michael

St. Michael the Archangel, defend us in the hour of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray, and do thou, O Prince of the Heavenly Host, by the divine power of God, cast into hell satan and all the wicked spirits who wander throughout the world seeking the ruin of souls. Amen.

### Intercessions

V. Let us celebrate the kindness and wisdom of Christ. He offers His Love and Understanding to all men, especially to the suffering. Let us earnestly pray,

R. Hear us, O Lord.

V. This morning we recall Your Resurrection and we long for the benefits of Your Redemption. For this we pray,

R. Hear us, O Lord.

V. Grant that we bear witness to You today, Lord, and offer an acceptable gift to the Father through You. For this we pray,

R. Hear us, O Lord.

V. Enable us to see your image in all men, and to serve You in them. For this we pray,

R. Hear us, O Lord.

V. Lord Jesus, You are the true vine and we are the branches; allow us to remain in You, to bear much fruit, and to give glory to the Father. For this we pray,

R. Hear us, O Lord.

### Our Father

Lord, we praise You with our lips, and with our lives and hearts. Our very existence is a gift from You; to You we offer all that we have and are. We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, for ever and ever. Amen.

Psalm 139:13-17:

For Thou didst create my inmost being,  
Thou didst fashion me in my mother's womb.  
I praise Thee because Thou art wonderful;  
Wondrous are Thy works,  
And I myself know it well.  
My bones were not hidden from Thee,  
When I was made in secret,  
And molded in the depths of the earth.  
Thine eyes saw the sum total of my days,  
And in Thy book they were all written;  
They were formed, when there was not one among them.  
How precious are Thy Thoughts to me, O God!  
How great the sum of them!

A Rosary for Life:

Glory and praise to You, Lord God, our Creator. We, Your daughters and sons, come here to this place of death in prayerful love so that our unborn brothers and sisters will not die without love and prayer. We believe that You are always present, particularly in the midst of sorrow and suffering.

We ask You to bless us, to lift up our hearts to You and to consecrate and accept this hour of reparation in atonement for the great evil which takes place within this building. We come together to bear public witness to Your great love and mercy which can move hearts and forgive sins.

We ask for the intercession of the Holiest of Mothers, Your Mother, the Blessed Virgin Mary, under the title of Our Lady of Guadalupe, the Patroness of the Unborn, and Your first protector, St. Joseph, that they will join their prayers with ours to bring an end to our nation's slaughter of our innocents. Amen.



## The Five Joyful Mysteries of the Rosary

### **First Joyful Mystery: The Annunciation**

God sent the Angel Gabriel to a virgin named Mary with the message that she was to be the Mother of God. (Luke 1:26-28)

Let us pray for those mothers considering abortion, that they may learn from Mary's humility and courage, to say yes to life for their children.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn:       Immaculate Mary,  
              Your praises we sing.  
              You reign now in splendor  
              With Jesus our King.  
              Ave, Ave, Ave Maria!  
              Ave, Ave Maria!

              In Heaven the blessed  
              your glory proclaim.  
              On earth we your children  
              invoke your sweet name.  
              Ave, Ave, Ave Maria!  
              Ave, Ave Maria!

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## Second Joyful Mystery: The Visitation

Now in those days Mary arose and went with haste into the hill country, to a town of Judah. And she entered the house of Zechariah and saluted Elizabeth. And it came to pass, when Elizabeth heard the greeting of Mary, that the babe in her womb leapt. And Elizabeth was filled with the Holy Spirit, and cried out with a loud voice, saying, "Blessed art thou among women and blessed is the Fruit of thy Womb!" (Luke 1:39-42)

Let us pray that like Mary, we may go quickly to support pregnant women.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn:       Mother dear, O pray for me!  
              Whilst far from heav'n and thee,  
              I wander in a fragile bark  
              O'er life's tempestuous sea,  
              O Virgin Mother, from thy throne,  
              So bright in bliss above,  
              Protect thy child and cheer my path,  
              With thy sweet smile of love.

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Mother dear, remember me,  
And never cease thy care,  
Til in heav'n eternally,  
Thy love and bliss I share.

Mother dear, O pray for me!  
Should pleasure's siren lay,  
E'er tempt thy child to wander far  
From Virtues path away.  
When thorns beset life's devious way,  
And darkling waters flow,  
Then Mary aid thy weeping child,  
Thyself a mother show.

### REFRAIN

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### Third Joyful Mystery: The Nativity

And it came to pass while they were there, that the days for her to be delivered were fulfilled. And she brought forth her Firstborn Son, and wrapped Him in swaddling clothes, and laid Him in a manger, because there was no room for them in the inn. (Luke 2:6-7)

Let us pray for those who mistakenly advocate abortion, who wrongly believe it is a cure for poverty and hunger, that they may learn to trust in God's providence.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn:      Silent Night, Holy Night.  
              All is calm, all is bright.  
              Round yon Virgin, Mother and Child.  
              Holy Infant, so tender and mild.  
              Sleep in heavenly peace.  
              Sleep in heavenly peace.

Silent Night, Holy Night.  
Shepherds quake at the sight.  
Glories stream from heaven afar.  
Heav'nly hosts sing alleluia.  
Christ the Savior is born.  
Christ the Savior is born.

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#### Fourth Joyful Mystery: The Presentation

And Simeon came by inspiration of the Spirit into the temple. And when His parents brought in the Child Jesus, to do for Him according to the custom of the Law, he also received Him into his arms and blessed God, saying, "Now thou dost dismiss thy servant, O Lord, according to Thy word, in peace; because my eyes have seen Thy salvation, which Thou hast prepared before the face of all peoples: A light of revelation to the Gentiles, and a glory for Thy people Israel." (Luke 2:27-32)

Let us pray that all children be allowed to be born, baptized and dedicated to the Lord.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn:       Holy God, we praise Thy Name;  
              Lord of all, we bow before Thee!  
              All on earth Thy scepter claim,  
              All in Heaven above adore Thee.  
              Infinite Thy vast domain,  
              Everlasting is Thy reign!  
              Infinite Thy vast domain,  
              Everlasting is Thy reign!

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## **Fifth Joyful Mystery: The Finding of the Child Jesus in the Temple.**

And it came to pass after three days, that they found Him in the temple, sitting in the midst of the teachers, listening to them and asking them questions. And all who were listening to Him were amazed at His understanding and His answers. (Luke 2:46-47)

Let us pray that our spiritual and political leaders will be fearless in proclaiming the primacy of the Laws of God.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn:       Amazing Grace, how sweet the sound  
              That saved and set me free!  
              I once was lost, but now am found,  
              Was blind, but now I see!

              Twas grace that taught my heart to fear,  
              And grace my fears relieved.  
              How precious did that grace appear,  
              The hour I first believed!

              Through many dangers, toils and snares,  
              I have already come.  
              His grace has brought me safe thus far,  
              His grace will lead me home.

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## Litany of the Blessed Virgin Mary

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.  
God the Father of Heaven, have mercy on us.  
God the Son, Redeemer of the world, have mercy on us.  
God the Holy Spirit, have mercy on us.  
Holy Trinity, one God, have mercy on us.

Holy Mary	Pray for us
Holy Mother of God	
Holy Virgin of virgins	
Mother of Christ	
Mother of Divine grace	
Mother most pure	
Mother most chaste	
Mother inviolate	
Mother undefiled	
Mother most amiable	
Mother most admirable	
Mother of Good Counsel	
Mother of our Creator	
Mother of our Savior	
Virgin most prudent	
Virgin most venerable	
Virgin most renowned	
Virgin most powerful	
Virgin most merciful	
Virgin most faithful	
Mirror of justice	
Seat of wisdom	
Cause of our joy	
Spiritual vessel	
Vessel of honor	
Singular vessel of devotion	
Queen conceived without original sin	
Mystical rose	
Tower of David	
Tower of ivory	
House of Gold	
Ark of the covenant	
Gate of heaven	
Morning star	
Health of the sick	
Refuge of sinners	
Comfort of the afflicted	

Help of Christians  
Queen of angels  
Queen of patriarchs  
Queen of apostles  
Queen of martyrs  
Queen of confessors  
Queen of virgins  
Queen of all saints  
Queen of the most holy Rosary  
Queen of peace

Lamb of God, who takes away the sins of the world; spare us, O Lord.  
Lamb of God, who takes away the sins of the world; graciously hear us,  
O Lord.  
Lamb of God, who takes away the sins of the world; have mercy on us.

Pray for us, O holy Mother of God, that we may be made worthy of the  
promises of Christ.

We beseech You, O Lord, defend us Your servants from all adversity,  
through the intercession of Blessed Mary, ever virgin; and mercifully  
protect us from the snares of our enemies, since with our whole heart  
we prostrate ourselves before Thee.

We ask this through Christ our Lord. Amen.

#### Reading:

I am the vine, you are the branches. He who abides in Me, and I in  
him, he bears much fruit; for without Me you can do nothing. If  
anyone does not abide in Me, he shall be cast outside as the branch  
and wither; and they shall gather them up and cast them into the fire,  
and they shall burn. If you abide in Me, and if My words abide in  
you, ask whatever you will and it shall be done to you. In this is My  
Father glorified, that you may bear very much fruit, and become my  
disciples. (John 15:5-8)

You have not chosen Me, but I have chosen you, and have appointed you  
that you should go and bear fruit, and that your fruit should remain;  
that whatever you ask the Father in My Name He may give you. These  
things I command you, that you may love one another. (John 15:16-17)

## **The Five Mysteries of Light of the Rosary**

### **First Mystery of Light: Jesus' Baptism in the Jordan**

As Christ descends into the water, the Innocent One who became "sin" for our sake, the Heavens open wide and the voice of the Father declares Him the Beloved Son, while the Spirit descends on Him to invest Him with the mission which He is to carry out.

Let us pray that each of us will take up the mission of Christ, particularly in the protection of the unborn.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

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### **Second Mystery of Light: Jesus' Self-Manifestation at the Wedding of Cana**

The first of the signs, given at Cana, when Christ changes water into wine and opens the hearts of the Disciples to faith, thanks to the intervention of Mary, the first among believers.

Let us pray that we will always faithfully follow Mary's words: "Do whatever He tells you" and we will thus walk in Jesus' path.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...



### **Third Mystery of Light: Jesus' Proclamation of the Kingdom of God, with the call to conversion**

The preaching of Jesus proclaims the coming of the Kingdom of God, calls to conversion and forgives the sins of all who draw near to Him in humble trust: the inauguration of that ministry of mercy which He continues to exercise until the end of the world, particularly through the Sacrament of Reconciliation which He has entrusted to His church.

Let us pray that the call to conversion by Jesus will be heard by all mothers and fathers who have aborted any of their children or are contemplating aborting their child. Also, we pray for the conversion of the abortionists and their staffs. May they repent of their wrongdoing and be open to the merciful forgiveness of Jesus.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

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### **Fourth Mystery of Light: Transfiguration of Jesus**

On Mount Tabor, the glory of the Godhead shines forth from the face of Christ as the Father commands the astonished Apostles to "Listen to Him" and to prepare to experience with Him the agony of the Passion, so as to come with Him to the joy of the Resurrection and a life transfigured by the Holy Spirit.

Let us pray that we will listen to Jesus and allow His words to transform our lives so that we too may ultimately enjoy the Resurrection.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

## **Fifth Mystery of Light: Institution of the Eucharist, as a Sacramental Expression of the Paschal Mystery**

Christ offers His Body and Blood as food under the signs of bread and wine, and testifies “to the end” His love for humanity, for whose salvation He will offer Himself in sacrifice.

Let us pray that all the unborn children will be allowed to be born and to share with all of God’s people the sacrificial banquet of the Lord.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

### Psalm 23

The Lord is my shepherd: I want for nothing;  
He makes me rest in green pastures.

He leads me to waters where I may rest;  
He revives my spirit.

He guides me along the right paths for His Name’s sake.

Even though I walk in a dark valley, I will fear no evil, for Thou art with me.

Thy rod and Thy staff: these comfort me.

Thou settest a table for me in the sight of my enemies;  
Thou anointest my head with oil; my cup overflows.

Goodness and kindness shall follow me all the days of my life,  
And I shall dwell in the House of the Lord for a long time.

### Sign of the Cross

## SECOND HOUR

### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

Intention: Mothers and Fathers

Prayer: St. Joseph

O Glorious St. Joseph, faithful follower of Jesus Christ, to thee do we raise our hearts and hands to implore thy powerful intercession in obtaining from the Benign Heart of Jesus all the helps and graces necessary for our spiritual and temporal welfare, particularly the grace of a happy death, and the special favor we now implore.

(Mention petition)

O Guardian of the Word Incarnate, we feel animated with confidence that they prayers in our behalf will be graciously heard before the Throne of God.

V. O Glorious St. Joseph, through the love you bear to Jesus, and for the glory of His Name.

R. Hear our prayers and obtain our petitions.

O Glorious St. Joseph, Spouse of the Immaculate Virgin, obtain for us a pure, humble and charitable mind, and perfect resignation to the Divine Will. Be our guide, father and model through life, that we may merit to die as thou did, in the arms of Jesus and Mary.

Help us Joseph, in our earthly strife, ever to lead a pure and blameless life. Amen.

Intercessions:

Leader: Because we know all good things come from You, our Heavenly Father, we present our needs and the needs of all mothers and fathers to You.

V. That fathers will cooperate with Your will as they bring new life into the world, we pray to the Lord.

R. Lord, hear our prayer.

V. That all mothers and fathers will see human life as a precious gift from You and a manifestation of Your will, we pray to the Lord.

R. Lord, hear our prayer.

V. That all mothers and fathers will be given a generous spirit of willingness to sacrifice for the sake of their children, we pray to the Lord.

R. Lord, hear our prayer.

V. Help all mothers, especially the troubled woman who has just conceived and is considering aborting her child. For this we pray to the Lord.

R. Lord, hear our prayer.

V. Help fathers to be mindful of their responsibilities toward the children whom they have begotten. For this we pray to the Lord.

R. Lord, hear our prayer.

V. O Lord, convince those who feel guilt and shame for having aborted a child that You can and will forgive them. For this we pray to the Lord.

R. Lord, hear our prayer.

V. That mothers and fathers may act as living witnesses to the positive values of family life, we pray to the Lord.

R. Lord, hear our prayer.

V. That children will be accepted, loved, corrected, praised and taught by their parents in accordance with the will of God, we pray to the Lord.

R. Lord, hear our prayer.

### Reading:

Let love be without pretense. Hate what is evil, hold to what is good. Love one another with fraternal charity, anticipating one another with honor. Be not slothful in zeal, be fervent in spirit, serving the Lord, rejoicing in hope. Be patient in tribulation, persevering in prayer. (Romans 12:9-12)

## Precious Blood Way of the Cross

### First Station – Jesus is Condemned to Death



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus being condemned to death, contemplating on its implications for you and for the world.)

Jesus is condemned to death that we may enjoy eternal life. “Crucify Him! His blood be upon us and upon our children,” the mob cries in derision. As for us, may we pray “Blood of Jesus be our Redemption.”

Our Father, Hail Mary, Glory Be

Jesus is condemned to die  
“God through sin I Crucify”

## Second Station – Jesus Carries His Cross



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus taking up His Cross, contemplating on its implications for you and for the world.)

Jesus takes up His Cross, consecrating it with the red seal of His Precious Blood. O Divine Jesus! By the Precious Blood flowing from the wound in Thy shoulder, grant us the grace to carry life's crosses patiently, and in union with Thee.

Our Father, Hail Mary, Glory Be

Jesus bears the bitter Cross  
"Bear me up in grief and loss"

### Third Station – Jesus Falls the First Time



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus falling for the first time, contemplating on its implications for you and for the world.)

Jesus falls the first time. The parched earth quickly drinks up His red life. To the soul whose life has run dry from sin and despair, Christ says: "He that drinketh My Blood, hath everlasting life."

Our Father, Hail Mary, Glory Be

Jesus falls in blood and woe  
"Sins of mine have struck Him low"



Fourth Station – Jesus Meets His Mother, Mary



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus meeting His Blessed Mother, contemplating on its implications for you and for the world.)

The eyes of Jesus meet the eyes of Mary. Jesus sees her sorrowful face bathed in tears. Mary sees Him all covered with spittle and blood. Such is their martyrdom for us.

Our Father, Hail Mary, Glory Be

Son and Mother meet in pain  
“Must They grieve for me in vain”



Fifth Station – Simon of Cyrene Helps Jesus to Carry His Cross



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Simon being forced to help Jesus carry His Cross, contemplating on its implications for you and for the world.)

Simon of Cyrene is forced to help Jesus carry His Cross. How pained was the sensitive Heart of Jesus that all now refused, despite His kindness and miracles. Help others to carry their crosses for the sake of Christ and He will help to carry yours.

Our Father, Hail Mary, Glory Be

Simon helps to bear the load  
“Lead me too along Thy road”

Sixth Station – Veronica Wipes the Face of Jesus



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Veronica wiping the face of Jesus, contemplating on its implications for you and for the world.)

Veronica braved the fury of the mob and took her life in her hands to wipe His blood-stained countenance. Her reward is the picture of His suffering Face on her veil. Shall cowardice ever again rob our souls of Christ's image?

Our Father, Hail Mary, Glory Be

On a cloth He prints His Face  
"In my soul Thine Image trace"

## Seventh Station – Jesus Falls the Second Time



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus falling for the second time, contemplating on its implications for you and for the world.)

Again Jesus falls! In His Precious Blood He is marking out a path for those who fall exhausted from the effects of sin. He is meriting for us the courage to “carry on” and to help others who stagger along the “Way of the Cross.”

Our Father, Hail Mary, Glory Be

Struck to earth again by me  
“Help me rise to follow Thee”



Eighth Station – Jesus Comforts the Women of Jerusalem



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

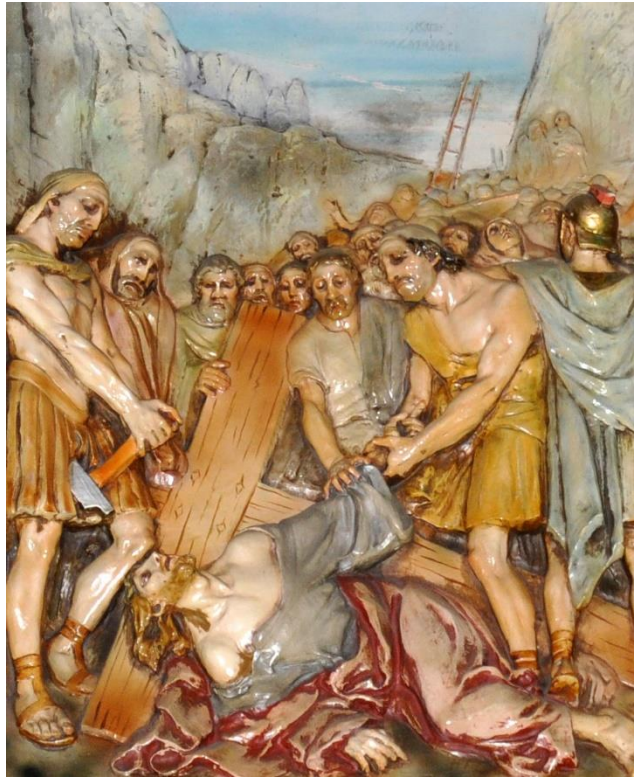
(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus comforting others, contemplating on its implications for you and for the world.)

Cross-laden, thorn-crowned, bleeding – Christ turns to comfort others, to sympathize, to encourage. Tender Shepherd of our souls, help us so to forget ourselves that we may not be unmindful of the spiritual and temporal needs of others.

Our Father, Hail Mary, Glory Be

Weep for sin He tells them here  
“Jesus make my grief sincere”

### Ninth Station – Jesus Falls the Third Time



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus falling for the third time, contemplating on its implications for you and for the world.)

For the third time Jesus falls beneath the cross, drenching the earth with His Precious Blood. How often has not our souls received the Sacred Blood of His Divine Life in the Holy Mass, Holy Communion, Penance and Prayers, and what little fruit has it produced because of our insincerity.

Our Father, Hail Mary, Glory Be

Thrice He falls by Lashes torn  
“In Thy Blood I rise reborn”

### Tenth Station – Jesus is Stripped of His Garments



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus being stripped of His garments, contemplating on its implications for you and for the world.)

Jesus is stripped of His garments. Glued to His scourged Body, they are savagely torn from Him. Dear Jesus, strip us of everything that is not pleasing to Thee.

Our Father, Hail Mary, Glory Be

Stripping Christ they tear His Skin  
“Help me tear my flesh from sin”

Eleventh Station – Jesus is Nailed to the Cross



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus being nailed to the Cross, contemplating on its implications for you and for the world.)

Christ is at last nailed to the cross. Wells of the Precious Blood are now dug in those Hands that always bless; in those Feet ever walking about to do good. May the Precious Blood flow therefrom to cleanse, sanctify and protect our souls and bodies, now and at the hour of our death.

Our Father, Hail Mary, Glory Be

In His Hands they drive the nail  
“In Thy Hands I cannot fail”



## Twelfth Station – Jesus Dies on the Cross



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus dying on the throne of His Cross, contemplating on its implications for you and for the world.)

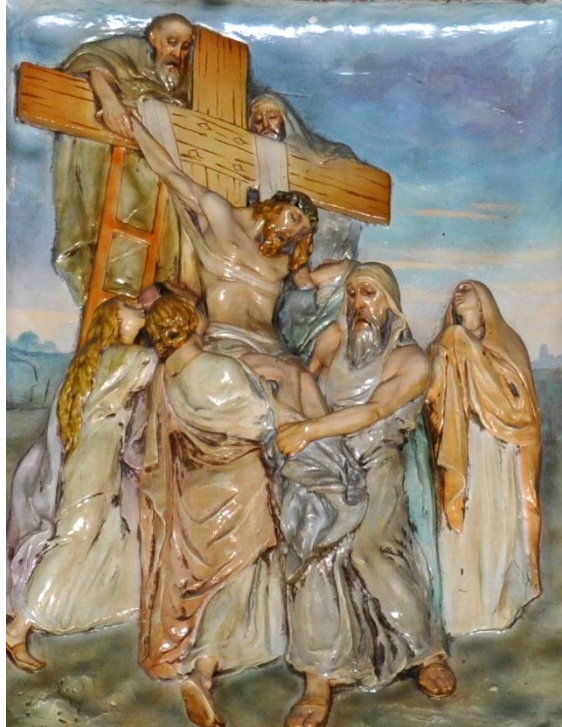
Christ, our King, dies on the throne of His Cross. He is the King of Divine Love praying for us, suffering for us, pleading for us, bleeding for us. O dear Jesus, let one drop of Thy most Precious Blood fall on our sinful souls.

Our Father, Hail Mary, Glory Be

Jesus dies His All to give  
“By Thy Death teach me to live”



Thirteenth Station – Jesus is Taken Down from the Cross



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

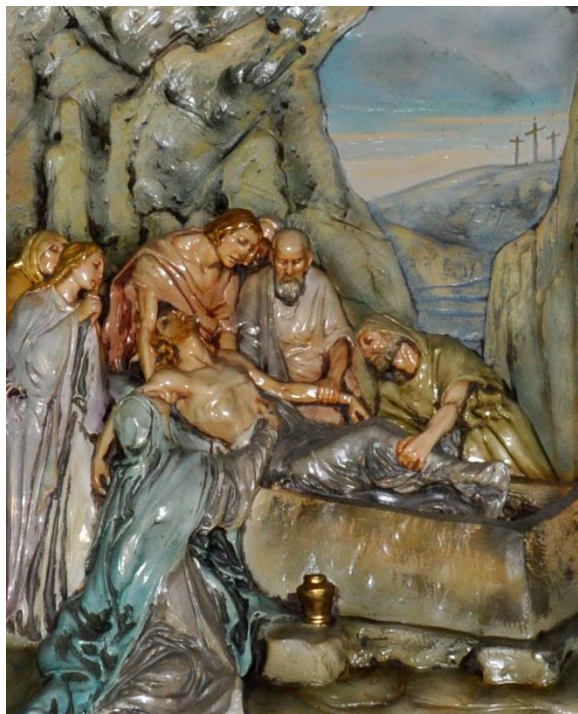
(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of Jesus being laid in the arms of His Blessed Mother, contemplating on its implications for you and for the world.)

Christ is laid in the arms of His Blessed Mother. She now beholds His wounds glorious with His Precious Blood, the price paid for our redemption. O Sorrowful Mother, accept our souls with that same loving, fond embrace.

Our Father, Hail Mary, Glory Be

Mary as You take Your Son  
“Take me too when life is done”

Fourteenth Station – Jesus is Laid in the Tomb



V. (genuflect) We adore You, O Christ, and we praise You.

R. (genuflect) Because by Your Holy Cross, You have redeemed the world.

(Before reading aloud the meditation below, please silently pause for a minute and reflect on the above scene of the Bloodless Body of Jesus being placed in the tomb, contemplating on its implications for you and for the world.)

Thy Bloodless Body, O Jesus, was placed in the tomb, but Thy Glorious Body arose on Easter morn. Help us, for whom Thy Precious Blood was shed, to rise gloriously with Thee after this brief life has fled.

Our Father, Hail Mary, Glory Be

Buried Christ who died for me  
“May I rest at last in Thee”

### Concluding Prayer

Eternal Father, as we conclude our recitation of The Precious Blood Way of the Cross, we offer Thee the Most Precious Blood of Jesus Christ – the tears and sorrows of our Immaculate Mother – that we who rejoice in Thy loving care may obtain the grace of resurrection for ourselves and those who have suffered the horrors of abortion here – at this spot – today. Through the same Christ, Our Lord, Amen.

### Reading:

Job said:

“Naked did I come forth from my mother’s womb,  
And naked shall I return.

The Lord gave and the Lord has taken away;

Blessed by the name of the Lord.” (Job 1:21)

## The Chaplet of the Precious Blood



--- Read Silently ---

(This Chaplet is divided into seven meditations containing 33 “Our Fathers” in honor of the 33 years during which the Precious Blood flowed in the veins of Jesus, before it was all poured out on the cross for our salvation. After each meditation the “Glory Be to the Father” is recited as an act of Thanksgiving to the Holy Trinity for this great gift of the Precious Blood. While reciting the prayers, we are asked to meditate upon each of the 7 bloodsheddings of Jesus.)

### Sign of the Cross

- First Meditation – The Circumcision  
5 Our Fathers  
Glory Be to the Father
- Second Meditation – The Agony in the Garden  
5 Our Fathers  
Glory Be to the Father
- Third Meditation – The Scourging at the Pillar  
5 Our Fathers  
Glory Be to the Father
- Fourth Meditation – The Crowning With Thorns  
5 Our Fathers  
Glory Be to the Father
- Fifth Meditation – The Carrying of the Cross  
5 Our Fathers  
Glory Be to the Father
- Sixth Meditation – The Crucifixion of Our Lord  
5 Our Fathers  
Glory Be to the Father
- Seventh Meditation – The Piercing of Our Lord's Side  
3 Our Fathers  
Glory Be to the Father

### The Litany of the Most Precious Blood

Lord, have mercy on us,  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us,  
Christ, graciously hear us.  
God, the Father of heaven,  
Have mercy on us.  
God, the Son, Redeemer of the world,  
Have mercy on us.  
God, the Holy Spirit,  
Have mercy on us.  
Holy Trinity, One God,  
Have mercy on us.

Blood of Christ, only-begotten Son of the Eternal Father, Save us.  
Blood of Christ, Incarnate Word of God,  
Blood of Christ, of the New and Eternal Testament,  
Blood of Christ, falling upon the earth in the Agony,  
Blood of Christ, shed profusely in the Scourging,  
Blood of Christ, flowing forth in the Crowning with Thorns,  
Blood of Christ, poured out on the Cross,  
Blood of Christ, price of our salvation,  
Blood of Christ, without which there is no forgiveness,  
Blood of Christ, Eucharistic drink and refreshment of souls,  
Blood of Christ, stream of mercy,  
Blood of Christ, victor over demons,  
Blood of Christ, courage of martyrs,  
Blood of Christ, strength of confessors,  
Blood of Christ, bringing forth virgins,  
Blood of Christ, help of those in peril,  
Blood of Christ, relief of the burdened,  
Blood of Christ, solace in sorrow,  
Blood of Christ, hope of the penitent,  
Blood of Christ, consolation of the dying,  
Blood of Christ, peace and tenderness of hearts,  
Blood of Christ, pledge of Eternal Life,  
Blood of Christ, freeing souls from Purgatory,  
Blood of Christ, most worthy of all glory and honor.

Lamb of God, Who takes away the sins of the world,  
Spare us, O Lord.  
Lamb of God, Who takes away the sins of the world,  
Graciously hear us, O Lord.  
Lamb of God, Who takes away the sins of the world,  
Have mercy on us.

V. You have redeemed us, O Lord, in Your Blood.  
R. And made us, for Our God, a kingdom.



Almighty and Eternal God, You have appointed Your only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood. Grant, we beg of You, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in Heaven. Through the same Christ Our Lord. Amen.

### Prayer for Life

O, Holy Mother of God, our hearts are filled with sorrow at the number of abortions across our land as these are sins committed against Our Heavenly Father. We grieve for the unborn infants who will never know what it means to love and to be loved in this life, who will never experience a parent's embrace nor ever know the happiness of family life. But above all, they will never be able to hand on to their children their hope and faith in a loving God.

We beg you this day to intercede with Jesus Christ, your Divine Son, to touch with His Grace, the souls of those who participate in these acts of abortion, so that they may come to an awareness of the erroneous thinking in their minds and of the shallowness, hardness and selfishness in their hearts.

Please plead with Him not to hold the present deplorable situation against us as a nation, but rather to be patient with us and to give all of us an abundance of wisdom, generosity and courage to mend our ways and to return to the sanity of genuine respect for life and the rights of others at all stages of life.

O Mary, we implore you to ask Our Divine Savior to find a special place in His Heart for these infants as He did for the Holy Innocents. We come to you, Immaculate Mary, with complete confidence that you will answer our prayer. Amen.

## The Five Sorrowful Mysteries of the Rosary

### **First Sorrowful Mystery: The Agony in the Garden**

Jesus' sweat became as drops of blood running down upon the ground.  
(Luke 22:44) "... Father, if it is possible, let this cup pass away  
from me; yet not as I will, but as Thou wilt." (Matt 26:39)

Let us pray for those who assist pregnant woman and girls in their  
time of fear and loneliness.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Faith of our fathers!

Living still in spite of dungeon, fire and sword,  
O how our hearts beat high with joy,  
Whenever we hear that glorious word.

REFRAIN

Faith of our fathers, Holy Faith  
We will be true to Thee till death.

Our fathers chained in prisons dark,  
Were still in heart and conscience free;  
And truly blest would be our fate,  
If we like them, should die for Thee.

REFRAIN

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## Second Sorrowful Mystery: The Scourging at the Pillar

I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I hid not from shame and spitting. (Isaiah 50:6)

Let us pray for parents who welcome new life in spite of hardship.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: To Jesus' Heart all burning  
With fervent love for men  
My heart with fondest yearning  
Shall raise the joyful strain.

### REFRAIN

While ages course along,  
Blest be with loudest song  
The sacred heart of Jesus  
By ev'ry heart and tongue,  
The Sacred Heart of Jesus  
By ev'ry heart and tongue.

O Heart for me on fire,  
With love no man can speak,  
My yet untold desire,  
God gives me for Thy sake.

### REFRAIN

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### **Third Sorrowful Mystery: The Crowning With Thorns**

They clothed Jesus in purple, and making a crown of thorns, they put it upon Him... They kept striking Him on the Head with a reed, and spitting upon Him. (Mark 15:17 and 19)

We pray for people who are suffering from the trauma of abortion.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Holy, Holy, Holy! Lord God almighty!  
Early in the morning our song shall rise to Thee;  
Holy, Holy, Holy! Merciful and mighty,  
God in three persons, Blessed Trinity.

Holy, Holy, Holy! All the saints adore Thee,  
Though the eye made blind by sin thy glory may not see;  
Only Thou art holy; There is none beside Thee,  
Perfect in power, in love, and purity.

Holy, Holy, Holy! Lord God almighty!  
All thy works shall praise Thy Name, in earth, and sky, and sea;  
Holy, Holy, Holy! Merciful and mighty,  
God in three persons, blessed Trinity.

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#### **Fourth Sorrowful Mystery: The Carrying of the Cross**

Bearing the cross for Himself, He went forth to the place called the Skull, in Hebrew, Golgotha. (John 19:17)

Let us pray for parents who love and care for God's exceptional children, sick and handicapped babies.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Mother dearest, Mother fairest,  
Help of all who call on thee,  
Virgin purest, brightest, rarest,  
Help us, help, we cry to thee.

#### **REFRAIN**

Mary, help us, help we pray,  
Mary, help us, help we pray,  
Help us in all care and sorrow;  
Mary, help us, help we pray.

Lady, help in pain and sorrow.  
Soothe those rack'd on beds of pain,  
May the golden light of morrow,  
Bring them health and joy again.

#### **REFRAIN**

Help our priests, our virgins holy,  
Help our Pope, long may he reign,  
Pray that we who sing thy praises,  
May in heav'n all meet again.

#### **REFRAIN**

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## **Fifth Sorrowful Mystery: The Crucifixion**

Then they crucified Him, and divided His garments, casting lots for them to see what each should take. (Mark 15:24)... Bowing His Head, He gave up His spirit. (John 19:30)... He humbled Himself, becoming obedient to death, even to death on a cross. (Philippians 2:8)

Let us pray for the souls of our pre-born brothers and sisters who have died and will die in this chamber of death.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Were you there when they crucified my Lord?  
Were you there when they crucified my Lord?  
O sometimes it causes me to tremble, tremble, tremble.  
Were you there when they crucified my Lord?

Were you there when they nailed Him to the tree?  
Were you there when they nailed Him to the tree?  
O sometimes it causes me to tremble, tremble, tremble.  
Were you there when they nailed Him to the tree?

Were you there when they pierced Him in the side?  
Were you there when they pierced Him in the side?  
O sometimes it causes me to tremble, tremble, tremble.  
Were you there when they crucified my Lord?

(Public Domain)

### Reading:

Though He was by nature God, Jesus did not consider being equal to God a thing to be clung to, but emptied Himself, taking the nature of a slave and being made like unto men. And appearing in the form of man, He humbled Himself, becoming obedient to death, even to death on a cross. Therefore God also has exalted Him and has bestowed upon Him the Name that is above every name, so that at the Name of Jesus every knee should bend of those in heaven, on earth and under the earth, and every tongue should confess that the Lord Jesus Christ is in the glory of God the Father. (Philippians 2:6-11)

### Sign of the Cross

### THIRD HOUR

#### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

Intention: For the Conversion of Hearts

Prayer:

Dear Lord, help us to show kindness to all, including the weakest of the weak, the unborn. Let us lean from you, who have never failed to lavish kindness and mercy on all creatures. "With enduring love I take pity on you" (Isaiah 54:8). Indeed "all the paths of the Lord are kindness and constancy" (Psalm 25:10).

Kindness is, of course, love in action, so we beg You, Dear Lord, to fill us with love. You have told us that the greatest commandment is "You shall love the Lord, Your God, with all your heart, with all your soul, and with all your mind" (Matthew 22:37), and only if we obey that can we truly obey the second, which is, "You shall love your neighbor as yourself" (Matthew 22:39).

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Reading:

Beloved, do not be startled at the trial by fire that is taking place among you to prove you, as if something strange were happening to you; but rejoice, in so far as you are partakers of the sufferings of Christ, that you may also rejoice with exultation in the revelation of His glory.

If you are upbraided for the name of Christ, blessed will you be, because the honor, the glory and the power of God and His Spirit rest upon you. Let none of you suffer as a murderer, or a thief, or a slanderer, or as one coveting what belongs to others. But if he suffer as a Christian, let him not be ashamed, but let him glorify God under this name.

For the time has come for the judgment to begin with the household of God; but if it begin first with us, what will be the end of those who do not believe the gospel of God? And if the just man scarcely will be saved, where will the impious and the sinner appear? Therefore let them also who suffer according to the will of God commend their souls in well-doing to a faithful Creator. (1 Peter 4:12-19)

### Intercessions:

Leader:

Today, Lord, we invoke your intercession for the Pro-Life movement. We pray that all will look upon human life as a great gift from God and be accepted and loved, not an unwanted burden to be destroyed. We intercede for assistance from Heaven for the efforts of those on earth who have enlisted in the crusade of promoting the dignity and value of all human life, in particular the unborn. This we ask through Christ, Our Lord. Amen.

V. That all doctors and nurses will have the courage to refuse to assist in abortions, we pray to the Lord.

R. Lord, we beg you to hear our prayer.

V. That all doctors will be kept from the temptation to profit by killing unborn children, we pray to the Lord.

R. Lord, we beg you to hear our prayer.

V. That doctors and nurses may remember the lesson of Nuremburg – that killing can never be justified as a medical procedure and that there is no privilege to participate in an atrocity. For this we pray to the Lord.

R. Lord, we beg you to hear our prayer.

V. That those who escort mothers to have their children killed will be given the wisdom to see that their support of abortion results in the violation and degradation of women and mothers, we pray to the Lord.

R. Lord, we beg you to hear our prayer.

### Reading:

And who is there to harm you, if you are zealous for what is good? But even if you suffer anything for justice's sake, blessed are you. So do not fear or stand in awe of sufferings that non-believers fear. But hallow the Lord Christ in your hearts. Be ready always with an answer to everyone who asks a reason for the hope that is in you. Yet do so with gentleness and fear, having a good conscience, so that wherein they speak in disparagement of you they who revile your good behavior in Christ may be put to shame. For it is better, if the will of God should so will, that you suffer for doing good than for doing evil. (1 Peter 3:13-17)

## Litany of the Sacred Heart

Lord, have mercy on us.  
Christ, have mercy on us.

Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.

God, the Father of heaven	Have mercy on us
God the son, Redeemer of the world	
God, the Holy Spirit	
Holy Trinity, one God	
Heart of Jesus, Son of the Eternal Father	
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother	
Heart of Jesus, substantially united to the Word of God	
Heart of Jesus, of infinite majesty	
Heart of Jesus, sacred Temple of God	
Heart of Jesus, Tabernacle of the Most High	
Heart of Jesus, House of God and Gate of Heaven	
Heart of Jesus, burning Furnace of Charity	
Heart of Jesus, Home of justice and love	
Heart of Jesus, full of goodness and love	
Heart of Jesus, Perfection of all virtues	
Heart of Jesus, most worthy of all praise	
Heart of Jesus, King and Center of all hearts	
Heart of Jesus, in whom are all the treasures of wisdom and knowledge	
Heart of Jesus, in whom dwells the fullness of divinity	
Heart of Jesus, in whom the Father was well pleased	
Heart of Jesus, of whose fullness we have all received	
Heart of Jesus, Desire of the everlasting hills	
Heart of Jesus, patient and most merciful	
Heart of Jesus, enriching all who invoke Thee	
Heart of Jesus, Fountain of life and holiness	
Heart of Jesus, sacrificed for our sins	
Heart of Jesus, loaded down with reproaches	
Heart of Jesus, bruised for our offenses	
Heart of Jesus, obedient unto death	
Heart of Jesus, pierced with a lance	
Heart of Jesus, Source of all consolation	
Heart of Jesus, our Life and Resurrection	
Heart of Jesus, our Peace and Reconciliation	
Heart of Jesus, Victim of sin	
Heart of Jesus, Salvation of those who trust in Thee	
Heart of Jesus, Hope of those who die in Thee	
Heart of Jesus, Delight of all the saints	



Lamb of God, who takes away the sins of the world,  
Spare us, O Lord.

Lamb of God, who takes away the sins of the world,  
Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,  
Have mercy on us.

Jesus, meek and humble of Heart,  
Make our hearts like unto thine.

O Jesus, answer our petitions as we kneel before You.  
Heart of Jesus, hear and grant our prayers.

O almighty and eternal God, look upon the Heart of Your dearly beloved Son and upon the praise and satisfaction He offers You in behalf of sinners, and, being appeased, grant pardon to those who seek Your Mercy, in the name of the same Jesus Christ Your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, forever and ever. Amen.

Reading:

Therefore let us also, having such a cloud of witnesses over us, put away every encumbrance and the sin entangling us, and run with patience to the fight set before us; looking towards the author and finisher of faith, Jesus, who for the joy set before Him, endured a cross, despising shame, and sits at the right hand of the throne of God. Consider, then, Him who endured such opposition from sinners against Himself, so that you may not grow weary and lose heart.  
(Hebrews 12:1-3)

## The Five Glorious Mysteries of The Rosary

### **First Glorious Mystery: The Resurrection**

On entering the tomb, they saw a young man sitting at the right side, clothed in a white robe, and they were amazed. He said to them, "Do not be terrified. You are looking for Jesus of Nazareth, who was crucified. He has risen, He is not here. Behold the place where they laid Him. But go, tell His disciples and Peter that He goes before you into Galilee; there you shall see Him, as He told you." (Mark 16:5-7)

Let us pray that the doctors and nurses who use their skill to kill instead of heal will repent and return to the service of the sick.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: This is the day, this is the day that the Lord has made,  
That the Lord has made.  
Let us rejoice, let us rejoice and be glad in it  
And be glad in it.

This is the day that the Lord has made.  
Let us rejoice and be glad in it.  
This is the day, this is the day that the Lord has made.  
Repeat.

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## **Second Glorious Mystery: The Ascension**

Now He led them out towards Bethany, and He lifted up His hands and blessed them. And it came to pass as He blessed them, that He parted from them and was carried up into heaven. And they worshipped Him.  
(Luke 24:50-52)

Let us pray that the efforts of all those involved in pro-life activities may be pleasing to God, Our Father.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: 8 Fold Alleluia

1. Jesus is Lord
2. He is risen
3. Spirit, heal us
4. Save the babies

### **Third Glorious Mystery: The Descent of the Holy Spirit**

Suddenly there came a sound from heaven, as of a violent wind blowing, and it filled the whole house where they were sitting. And there appeared to them parted tongues as of fire, which settled upon each of them. And they were all filled with the Holy Spirit. (Acts of the Apostles 2:2-4)

Let us pray that the Holy Spirit will enlighten and strengthen members of the courts and legislatures to protect the right to life from conception to natural death.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Come Holy Ghost, Creator blest,  
And in our hearts take up Thy rest.  
Come with Thy grace and heav'nly aid  
To fill the hearts which Thou hast made.  
To fill the hearts which Thou hast made.

O Comforter, to Thee we cry.  
Thou heav'nly gift of God most high.  
Thou font of life and fire of love.  
And sweet anointing from above,  
And sweet anointing from above.

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## Fourth Glorious Mystery: The Assumption of the Blessed Mother into Heaven

And Mary said:

"My soul magnifies the Lord, and my spirit rejoices in God my Savior; because He has regarded the lowliness of His handmaid; for, behold, henceforth all generations shall call me blessed." (Luke 1:46-48)

Let us pray that the mothers, fathers and their families will accept responsibility towards their precious infants and each other.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Mother of Christ, Mother of Christ,  
What shall I ask of Thee?  
I do not sigh for the wealth of earth,  
For the joys that fade and flee;  
But, Mother of Christ, Mother of Christ,  
This do I long to see,  
The bliss untold which thine arms enfold,  
The treasure upon Thy knee.

Mother of Christ, Mother of Christ,  
What shall I do for Thee?  
I will love thy Son with the whole of my strength,  
My only King shall He be.  
Yes, Mother of Christ, Mother of Christ,  
This will I do for Thee,  
Of all that are dear or cherished here,  
None shall be dear as He.

Mother of Christ, Mother of Christ,  
I toss on a stormy sea,  
O lift thy Child as a Beacon Light  
To the port where I fain"\*" would be.  
And, Mother of Christ, Mother of Christ,  
This do I ask of Thee,  
When the voyage is o'er,  
O stand on the shore,  
And show Him at last to me.

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(\* - gladly)

## **Fifth Glorious Mystery: Coronation of Our Blessed Mother Queen of Heaven**

Blessed are you, My daughter, beyond all the women on earth in the sight of the Most High God, and blessed is the Lord God, who created the heavens and the earth. (Judith 1:18)

Let us pray that the right to life of all human beings be respected so that all may attain the heavenly goals for which they were created.

Our Father, 10 Hail Marys, Glory Be, O My Jesus...

(To be sung or read aloud)

Hymn: Hail, Holy Queen enthron'd above,  
O Maria!  
Hail! Queen of mercy and of love,  
O Maria!

REFRAIN  
Triumph all ye cherubim,  
Sing with us ye seraphim.  
Heav'n and earth resound the hymn!  
Salve, salve, salve Regina!

Our life, our sweetness here below,  
O Maria!  
Our hope in sorrow and in woe,  
O Maria!

REFRAIN

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Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary:

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

## The Divine Mercy Chaplet

Our Father ... Hail Mary ... The Apostles' Creed ...

(On the large rosary bead before each decade☺)

Eternal Father,  
I offer You the Body and Blood,  
Soul and Divinity of Your Dearly Beloved Son,  
Our Lord Jesus Christ,  
In atonement for our sins  
And those of the whole world.

(On the ten small beads of each decade:)

For the sake of His sorrowful Passion,  
Have mercy on us and on the whole world.

(Conclude with:)

Holy God,  
Holy Mighty One,  
Holy Immortal One,  
Have mercy on us and on the whole world.  
(Three times)

(Taken from the Diary of Blessed Faustina Kowalska:  
Divine Mercy in my Soul,  
copyright 1987 Congregation of Marians.)

### Reading:

If I should speak with the tongues of men and of angels, but do not have charity, I have become as sounding brass or a tinkling cymbal. And if I have prophecy and know all mysteries and all knowledge, and if I have all faith so as to remove mountains, yet do not have charity, I am nothing. And if I distribute all my goods to feed the poor, and if I deliver my body to be burned, yet do not have charity, it profits me nothing.

Charity is patient, is kind; charity does not envy, is not pretentious, is not puffed up, is not ambitious, is not self-seeking, is not provoked; thinks no evil, does not rejoice over wickedness, but rejoices with the truth; bears with all things, believes all things, hopes all things, endures all things. (1 Corinthians 13:1-7)

## Helpers' Litany of the Holy Spirit

Holy Spirit, mutual love of the Father and Son,                      We adore You.  
Holy Spirit, source of all creation,  
Holy Spirit, breathing upon the waters of life,  
Holy Spirit, moving the prophets to proclaim Your word,  
Holy Spirit, guiding Your people in the column of fire,  
Holy Spirit, hovering over the tent of Your majesty,  
Holy Spirit, filling the sanctuary with awe,  
Holy Spirit, overshadowing the womb of the Virgin,  
Holy Spirit, inspiring the attentive to proclaim Your presence,  
Holy Spirit, speaking in the silence of the desert,  
Holy Spirit, accompanying the innocent lamb to the slaughter,  
Holy Spirit, poured forth from the side of Jesus,  
Holy Spirit, restoring life in the power of the Resurrection,  
Holy Spirit, giving birth to the Church in the Upper Room,  
Holy Spirit, coming to rest in the heart of Mary,  
Holy Spirit, burning upon the lips of the Apostles,  
Holy Spirit, enlightening the minds of all believers,  
Holy Spirit, giving rebirth in the waters of Baptism,  
Holy Spirit, confirming us in Your gifts,  
Holy Spirit, anointing Your ministers for sacrifice,  
Holy Spirit, effecting the presence of Jesus in the Eucharist,  
Holy Spirit, bringing peace to the repentant,  
Holy Spirit, binding us together in Covenant,  
Holy Spirit, groaning within us,  
Holy Spirit, crying out in the oppressed,  
Holy Spirit, hidden in the hearts of the unborn,  
Holy Spirit, healing the wounded,  
Holy Spirit, sheltering the homeless,  
Holy Spirit, calming the troubled,  
Holy Spirit, befriending the lonely,  
Holy Spirit, moving leaders to justice,  
Holy Spirit, consecrating us in truth,  
Holy Spirit, strengthening us in the moment of trial,  
Holy Spirit, enriching us in our poverty,  
Holy Spirit, calling us to Your Kingdom,  
Holy Spirit, praying "Abba" within us,  
Holy Spirit, giving us Your Peace,

Come, Holy Spirit, Giver of Life, we beg You. Continue Your Pentecost within us. Inspire us to bring about the new Creation in reverencing all of human life. Help us to proclaim the gospel by bearing witness to the Lordship of Jesus. We ask you this through the intercession of Mary in whose womb dwelt the fullness of Divinity and who now enjoys the completeness of redemption promised to those who do the will of the Father. Amen.



## Prayer in Reparation for Abortion

Eternal Father, You alone are the Master of life and death. So precious in Your Sight is the soul of each person that You sent Your Only Begotten Son to redeem us through the Cross and the Resurrection. His coming was attended by the slaughter of the Innocents – victims of man's selfishness, the first martyrs of Christ's Kingdom. Death at the outset of their earthly life gave them the beginning of eternal joy.

Today we are sad witnesses of a new slaughter of the Innocents – the voluntary destruction of unborn children again because of the selfishness of men. We seek to make reparation for these offenses which attack Your Sole Dominion over life and death. Let not Your just punishment fall upon us. We ask, too, that all who participate in these crimes, whether from ignorance, weakness or fear, or even malice, may be given the grace of repentance.

Lord, have mercy on us, spare us from the punishment we deserve: "deal with us not according to our crimes." Grant us "the abundant life" promised to all who live according to Your Law. Amen.

## Reading:

And I saw a new heaven and a new earth. For the first heaven and the first earth passed away, and the sea is no more. And I saw the holy city, New Jerusalem, coming down out of heaven from God, made ready as a bride adorned for her husband. And I heard a loud voice from the throne saying, "Behold the dwelling of God with men, and He will dwell with them. And they will be His people, and God Himself will be with them as their God. And God will wipe away every tear from their eyes. And death shall be no more; Neither shall there be mourning, nor crying, nor pain any more, for the former things have passed away."  
(Revelation 21:1-4)